

## The Holy Communion - FIRST ORDER

*The priest may greet the people.*

The Lord be with you.

**And also with you.**

‘I am the resurrection and the life,’ says the Lord; ‘whoever lives and believes in me shall never die.’ John 11.25–26

*This Prayer of Preparation is said by the priest and people together.*

Let us pray.

**Almighty God,**

**to whom all hearts are open,**

**all desires known,**

**and from whom no secrets are hidden:**

**cleanse the thoughts of our hearts**

**by the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy name,**

**through Christ our Lord. AMEN.**

### **Two Great Commandments**

Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.’ Jesus said: ‘This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.’

**Lord, have mercy on us:**

**and write your law in our hearts by your Holy Spirit.**

*The priest says*

Let us pray.

*and then says the Collect of the Day.*

### Collect

Life-giving God,  
your Son came into the world  
to free us all from sin and death:  
breathe upon us with the power of your Spirit,  
that we may be raised to new life in Christ,  
and serve you in holiness and righteousness all our days;  
through the same Jesus Christ, our Lord,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, now and for ever. **AMEN.**

### THE MINISTRY OF THE WORD

*A Reading or Readings from the Bible, as appointed.*

### Sermon

*The Sermon is preached here, or after the creed.*

### The Nicene Creed

We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,

begotten, not made,  
of one being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit and the virgin Mary  
and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead  
and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## THE PRAYERS

### The Prayers

*15 The minister may bid special prayers and thanksgivings.*

*The Intercession is then said.*

Let us pray for all people, and for the Church throughout the world.

Almighty and everliving God, we are taught by your holy apostle to make prayers and supplications and to give thanks for all people: we ask you in your mercy to receive our prayers which we offer to your divine majesty.

We pray that you will lead the nations of the world in the ways of righteousness and peace, and guide their rulers in wisdom and justice for the tranquillity and good of all. Bless especially your servant Elizabeth our Queen, her representatives and ministers, her parliaments, and all who exercise authority in this land. Grant that they may impartially administer justice, restrain wickedness and vice, and uphold integrity and truth.

We beseech you to inspire continually the universal Church with the spirit of truth, unity, and concord; and grant that all who confess your holy name may agree in the truth of your holy word, and live in unity and godly love.

Give grace, heavenly Father, to all bishops and other ministers (especially Kay our Archbishop, Kate and Jeremy our Assistant Bishops, Angela and Tony our Archdeacons), that, by their life and doctrine, they may set forth your true, life-giving word, and rightly and duly administer your holy sacraments.

And to all your people give your heavenly grace, and especially to this congregation here present, that they may receive your word with meek hearts and due reverence and serve you in holiness and righteousness all the days of their life.

We ask you of your goodness, Lord, to comfort and sustain all who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

We also bless your holy name for all your servants who have died in the faith of Christ. Give us grace to follow their good examples, that with them we may be partakers of your heavenly kingdom.

Grant this, Father, for Jesus Christ's sake, our only mediator and advocate. **AMEN.**

## **PREPARATION FOR THE LORD'S SUPPER**

*One of these exhortation may be read.*

Brothers and sisters in Christ, we who would come to the holy communion of the body and blood of our Saviour Christ must consider how St Paul exhorts us to examine ourselves before presuming to eat of that bread and drink of that cup.

For the benefit is great, if with a penitent heart and lively faith we receive that holy sacrament. We then spiritually eat the flesh of Christ and drink his blood; we dwell in Christ and he in us; we are one with Christ and Christ with us.

Yet also the danger is great, if we receive the bread and cup unworthily. Judge yourselves therefore, that you be not judged of the Lord. Repent truly of your sins, having a steadfast faith in Christ our Saviour. Amend your lives and love your neighbour.

Above all, give hearty thanks to God for the redemption of the world by the death and passion of our Saviour Christ, truly God and truly human, who humbled himself to death on the cross for us sinners, that he might make us children of God, and raise us to eternal life.

You who truly and earnestly repent of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God and walking in his holy ways, draw near with faith, and take this holy sacrament to strengthen and comfort you. But first, let us make a humble confession of our sins to almighty God.

## Confession

*19 A pause for self-examination may be observed.  
All then say this General Confession.*

## General Confession

Almighty God, Father of our Lord Jesus Christ,  
maker of all things, judge of all people,  
we acknowledge with shame the sins we have committed,  
by thought, word, and deed, against your divine majesty,  
provoking most justly your wrath and indignation  
against us.

We earnestly repent, and are heartily sorry  
for all our misdoings.

Have mercy on us, most merciful Father.  
For your Son our Lord Jesus Christ's sake  
forgive us all that is past,  
and grant that we may ever hereafter  
serve and please you in newness of life,  
to the honour and glory of your name,  
through Jesus Christ our Lord. Amen.

*The priest pronounces this Absolution.*

Almighty God our heavenly Father, who of his great mercy has  
promised forgiveness of sins to all who with hearty repentance  
and true faith turn to him: have mercy on you; pardon and  
deliver you from all your sins; confirm and strengthen you in  
all goodness; and keep you in eternal life; through Jesus Christ  
our Lord. AMEN

*The Words of Assurance*

Hear the words of assurance for those who truly turn to Christ  
Jesus said: Come to me, all who labour and are heavy laden,  
and I will give you rest. *Matthew 11.28*

God so loved the world that he gave his only Son, that  
whoever believes in him should not perish but have eternal  
life. *John 3.16*

The saying is sure and worthy of full acceptance, that Christ  
Jesus came into the world to save sinners. *1 Timothy 1.15*

If any one sins, we have an advocate with the Father, Jesus  
Christ the righteous; and he is the perfect offering for our sins.  
*1 John 2.1, 2*

*The priest then begins the Thanksgiving and Communion.*

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right, and our bounden duty, that we should at all times and in all places give thanks to you, Lord, Mighty Creator, and Eternal God.

Therefore with angels and archangels, and with the whole company of heaven, we proclaim your great and glorious name, evermore praising you, and saying:

**Holy, holy, holy, Lord God of hosts,  
heaven and earth are full of your glory.  
Glory to you, O Lord most high.**

We do not presume  
to come to your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.

We are not worthy  
so much as to gather up the crumbs under your table.

But you are the same Lord  
whose nature is always to have mercy.

Grant us, therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ,  
and to drink his blood,  
that we may evermore dwell in him,  
and he in us. **AMEN.**

*The priest arranges the bread and wine so that they may be taken, and the bread broken, in the sight of the people. The priest says the Prayer of Consecration.*

All glory to you, our heavenly Father, for in your tender mercy you gave your only Son Jesus Christ to suffer death on the cross for our redemption: who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; and instituted, and in his holy gospel commanded us to continue, a perpetual memory of his precious death until his coming again.

Hear us, merciful Father, we humbly pray, and grant that we who receive these gifts of your creation, this bread and this wine, according to your Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who on the night he was betrayed took bread, and when he had given you thanks, he broke it, and gave it to his disciples, saying, 'Take, eat; this is my body which is given for you; do this in remembrance of me.'

Likewise after supper he took the cup, and when he had given thanks, he gave it to them saying, 'Drink from this, all of you; for this is my blood of the New Testament, which is shed for you and for many for the remission of sins; do this, as often as you drink it, in remembrance of me.' **AMEN.**

***AN ACT OF SPIRITUAL COMMUNION FOR THOSE  
NOT RECEIVING HOLY COMMUNION***

*I WORSHIP YOU, Lord Jesus, and kneeling before you, I pray you come indwell me, as you indwelt your servants and saints of every age. O most loving Jesus, O most blessed Saviour, come to me, I beseech you, and unite me to yourself. Though I cannot now receive you sacramentally, yet I believe that you are able, even when received by faith and desire only, to heal, enrich and sanctify me. Come Lord spiritually into my heart. I desire to unite myself to you with all the affections of my soul. Possess me wholly; let the consuming fire of your love absorb me, and your presence abide so intimately in me, that it will be no longer I that live, but Christ who lives in me. Amen.*

*Come, Lord Jesus, and dwell in my heart. Amen.*

*The minister gives the bread, saying*

The body of our Lord Jesus Christ, which was given for you, preserve your body and soul to everlasting life; take and eat this in remembrance that Christ died for you, and feed on him in your heart by faith with thanksgiving.

*The minister gives the cup, saying*

The blood of our Lord Jesus Christ, which was shed for you, preserve your body and soul to everlasting life; drink this in remembrance that Christ's blood was shed for you, and be thankful.

As our Saviour Christ has taught us, we are confident to pray:  
**OUR Father, who art in heaven, Hallowed be thy Name,  
Thy kingdom come, Thy will be done, in earth as it is in  
heaven. Give us this day our daily bread; And forgive us our  
trespasses, As we forgive those who trespass against us; And  
lead us not into temptation, But deliver us from evil. For  
thine is the kingdom, the power, and the glory, For ever and  
ever. AMEN.**

Almighty and ever-living God, we heartily thank you that you graciously feed us, who have duly received these holy mysteries, with the spiritual food of the most precious body and blood of your Son our Saviour Jesus Christ, and thus assure us of your favour and goodness towards us and that we are true members of the mystical body of your Son, the blessed company of all faithful people, and are also heirs, through hope, of your eternal kingdom, by the merits of the most precious death and passion of your dear Son.

And we humbly beseech you, heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in, through Jesus Christ our Lord, to whom with you and the Holy Spirit be all honour and glory, world without end.

**AMEN.**

*The priest, lets the people depart with this Blessing.*

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **AMEN.**